



Newpin

**Supporting restoration
of children to their parents**

Uniting

Newpin

Newpin is a therapeutic restoration program that supports and empowers families to break the cycle of child neglect and abuse and to provide safe, nurturing environments for children.

Newpin specialises in engaging parents whose children are in the NSW foster/kinship care system, where a restoration plan is already in place or may become viable. Parents, children and staff work together towards restoration under the Newpin core values of Support, Equality, Empathy, Respect and Self-determination.

Many parents who attend Newpin have experienced significant abuse and trauma in their childhoods. The aim of the program is to provide parents with the opportunity to address their own emotional issues, to improve bonding with their children and to develop positive parenting skills.

Parents attend Newpin for up to nine months prior to restoration and then for a further nine months post restoration.

The post restoration period in Newpin is critical to facilitating the smooth transition of children from care. The commitment from families includes regular attendance at the Newpin centre and participation in therapeutic and educational parenting groups. In addition, parents are assisted as they integrate the knowledge and skills developed at Newpin into their home environment.

The Newpin Process

Newpin works in close partnership with the Department of Family and Community Services (FACS) and non-government organisations (NGOs) to ensure the best outcomes for families seeking restoration of their children from foster care.

Newpin's assessment of a parent's capacity to meet the physical, emotional and developmental needs of their children is a process that takes place throughout the eighteen months (on average) that a family spends attending the program. Newpin uses the North Carolina Family Assessment Scale (NCFAS) to set goals and to review the progress of parents across twelve domains.

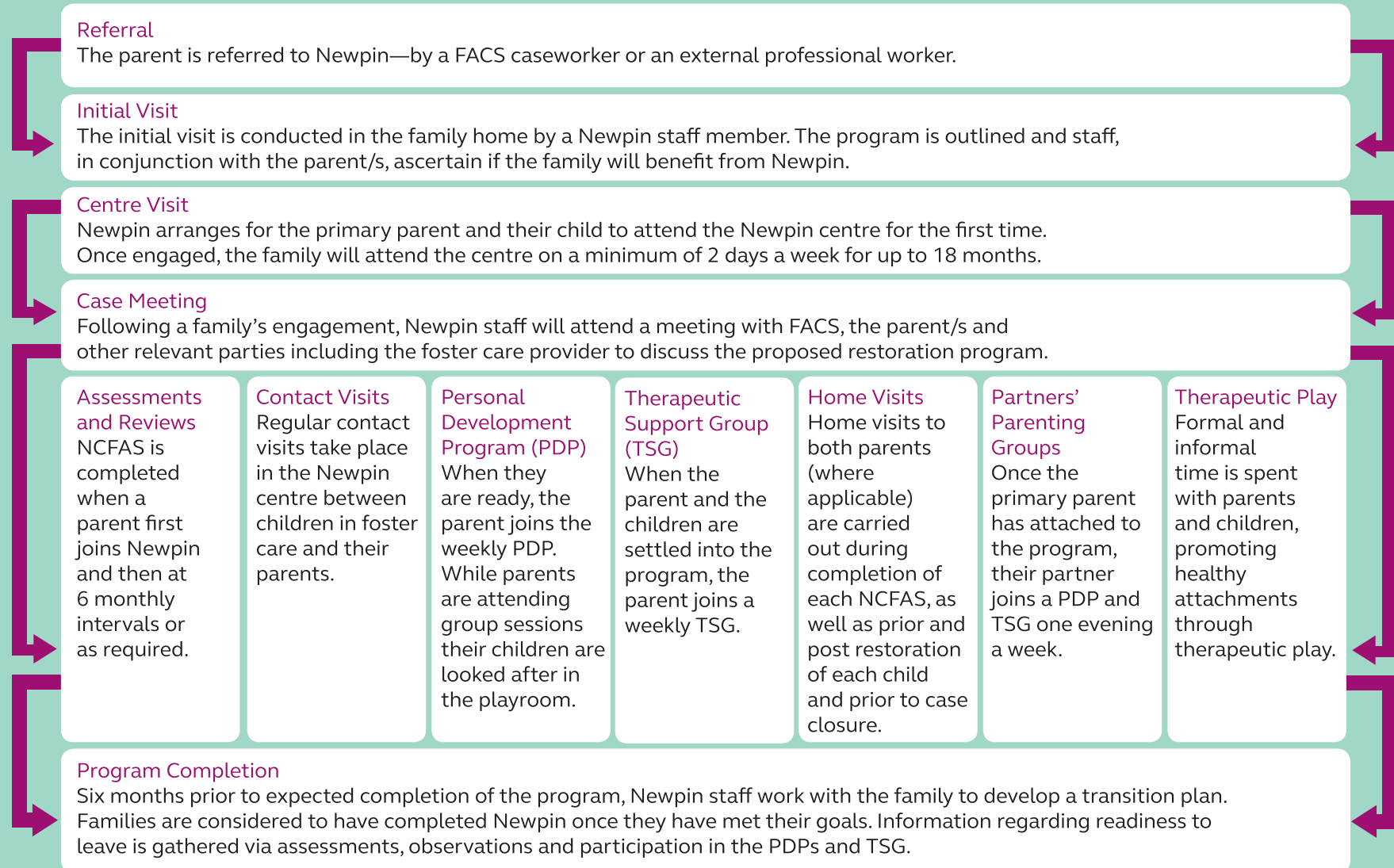
An essential part of the Newpin program is the quality time spent with a parent and their child together. This allows Newpin staff to observe parent and child interactions, to work with the parent to build healthy attachments and to develop the parent's understanding of the changing and often complex needs of their children over time. Consequently, it is imperative that

children who are in foster care have regular contact with their parent at the Newpin centre.

For children under school age, contact takes place at the Newpin centre between 10am to 2:30pm, a minimum of once a week, while primary school aged children attend Newpin between 3pm and 5pm, one afternoon per week.

The Newpin program combines both group and individual work within the Newpin centres and at home. The key components are outlined in the following pages.

Core elements of the Newpin process



Eligibility Criteria

There are three Newpin centres operating in Western Sydney, one in South West Sydney and one in Wyong on the Central Coast. One of the centres in Western Sydney is a fathers centre for men who are the primary carers for their children.

The Newpin Fathers centre also runs an outreach program for fathers at Ingleburn and on the Central Coast. In addition, each centre runs programs for partners of the primary carers, ensuring that where there are two caregivers, both parents are engaged with the Newpin program and are learning new parenting skills at the same time.

Information for Non-Government Organisations

Newpin staff work closely with non-government organisations (NGOs) that have the children of Newpin families placed in their foster/kinship care programs.

Contact visits, as per the case plan, are supported by Newpin staff in a comfortable and safe environment, providing important opportunities for the development of healthy attachments. These visits allow the mothers and fathers to put into practise new parenting strategies whilst their children also enjoy the regular routines and playtime at the centre.

It is the responsibility of the NGO, which has case management for the child, to organise the child's transport to and from contact at the Newpin centre. This will be discussed at initial and subsequent case conferences which will be facilitated by the relevant Community Services Centre.

All potential restoration referrals should be discussed with the Newpin Coordinator at the local centre or the Newpin Operations and Practice Manager.

Newpin Centres

Newpin St Marys

6 Villiers Close,
St Marys NSW 2760
T: (02) 9673 1522

Newpin Doonside

57-59 Cygnus Close,
Doonside NSW 2767
T: (02) 9671 7016

Newpin Fathers – Bidwill

30 Myrtus Crescent,
Bidwill NSW 2770
T: (02) 9835 1644

Newpin – Wyong and Fathers Outreach Program

62 Alison Road,
Wyong NSW 2259
T: (02) 4350 9050

Newpin Ingleburn

92-94 Oxford Road,
Ingleburn NSW 2565
T: (02) 9268 3841

Quality and Intake Coordinator

National Operations and Practice Team
T: (02) 9768 6950

Learn more.

newpin.org.au

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Courage to change together

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